

GREETINGS

NELLL BEGINNINGS has been in the planning stages since the first women stepped onto a playing field, a gymnasium floor, or an ice surface, for the issues related to the involvement of girls and women and sport pre-date our debate in the sporting arenas. For many years, issues have been discussed at lunch tables, and kitchen tables throughout the province, but, finally, they have been placed upon the meeting table at the first provincial forum on girls and women and sport in Nova Scotia. For the past 24 hours, women have come together from the far corners of the province to discuss the one thing which they share in common, a concern for girls and women in sport. Coaches, athletes, parents, officials, recreation directors, sport coordinators, sport governing body executive members, educators, and sports writers representing a wide variety of sports have discussed a multutude of issues.

These issues touch us in our personal relationships, in our work and play with colleagues and friends, and in our attempts to interact with others within the organizations and agencies that attempt to direct and

control our play and physical activity.

Although women have worked hard for, and look forward to, changes that will enhance the quality of our lives, we still find the process of change frightening, chaotic, and difficult. The change we seek is not only systematic, but value-based. It is valuable to women to integrate a women-centered perspective in sport and physical activity programs and services, to ensure that decision making and action take into account the needs and lifestyles of girls and women, and to establish and reinforce support systems that enhance the participation of women.

And, thus -- New Beginning -- tomorrow will be better for girls and women in sport in Nova Scotia because of what is happening here today.

— Brenda Robertson Kathy MacDonald

C.A.A.W.S.

Canadian Association for the Advancement of Women in Sport is a national, non-profit organization built upon volunteer efforts. The primary focus of C.A.A.W.S. is to advocate with and for women, for progressive change and women's enhanced participation in sport and physical activity. The women of C.A.A.W.S. work to reclaim and to re-envision sport and physical activity from a woman-centered perspective. The unique blend of members ensures a healthy, evolving organization. Typical members include fitness leaders, recreational, and competitive athletes, activists, coaches, administrators, and programmers in sport and physical activity, homemakers, teachers, health leaders, researchers, students, lawyers, and professors.

Sport Nova Scotia Women & Sport Committee

In October 1988, the Board of Directors of Sport Nova Scotia supported a proposal to establish a committee which would focus upon issues related to women and sport. Initially, a core committee, consisting of sport administrators, educators, coaches, recreation leaders, athletes, and government representatives met to identify issues for women and sport within Nova Scotia. The first major initiative of the Committee was to become a cooperating partner in the organization of a Provincial Forum on Women and Sport.

All those involved with

NELLI BEGINNINGS

gratefully acknowledge the generous contribution of

SHOPPERS DRUG MART

in making the banquet this evening possible

menu

Boston Bibb Lettuce Mimosa

Sauteed Chicken Breast Sauce L'Orange Oven Roast Potatoes Market Fresh Vegetables

Fresh Fruit Flan

Rolls and Creamery Butter Freshly Brewed Coffee or Tea

PROGRAM

Welcome Jane MacLellan Chair, Organizing Committee 1990 World Figure Skating Championship

> Brian Mark Shoppers Drug Mart

> > Dinner

"Traditions": Slide prepentation Dr. Sandy Young Sport Historian

Hon. Terry Donahoe Chairman, Prov. Management Board Minister of Government Services

> Summary Speaker Dr. Wendy Bedingfield Acadia University

Bob Higgins President, Sport Nova Scotia

Guest Speaker Abby Hoffman Director General, Sport Canada

> Pat DeMont C. A. A. W. S.

Closing Remarks

C.A.A.W.S. and Sport Nova Scotia

take this opportunity to thank all those who helped to make

NELLI BEGINNINGS

possible:

Fitness & Amateur Sport Women's Program

Landmark Sport Productions Limited

Nova Scotia Sport Heritage Centre

Nova Scotia Sport & Recreation Commission

Recreation Resource Centre of Nova Scotia

Secretary of State

Shoppers Drug Mart

Sport Canada

Conference Organizers

Brenda Robertson • Conference Coordinator

Wendy Bedingfield • Sport Nova Scotia Women

and Sport Committee

Pat DeMont . C.A.A.W.S.

Liz Pace . Nova Scotia Sport and Recreation Commission

Marsha Andrews • Public Relations and Protocol

David MacNamara •

Sponsorship

Sheila Hosick •

Organizational Services

Resource People

Wendy Bedingfield •

Abby Hoffman • Banquet Speaker

Sandy Young •

Summary Speaker "Traditions" presentation

Brenda Robertson • Head Facilitator

Anthea Bellemare • Panelist / Facilitator

Peggy Gallant • Panelist / Facilitator

Debby Smith • Panelist / Facilitator

Lois MacGregor • Panelist / Facilitator

Pat DeMont •

Facilitator

Diane Palmason • Presentor "Making Change"