

PLACE

The setting for the Symposium is the cozy atmosphere of Ledgehill Estates. Ledgehill features the rustic charm of a country setting with all the conveniences of a modern conference facility. Facilities include meeting rooms with fireplaces; plenty of windows from which to enjoy views of the surrounding forests and fields; music room, TV/VCR and library; plus an 120 acres with trails for roaming. Accommodation is provided in comfortable, private single or double rooms tastefully decorated. Fireside dining features a wide variety of delicious, nutritious, energizing homestyle meals cooked by the Executive Chef. The facilities provide opportunities for relaxing, a springtime walk, reading, conversation and listening to music. The all-inclusive nature of Ledgehill makes it an ideal setting for privacy and learning.

COSTS

The price of the Spring Symposium package includes deluxe single or double accommodations, six meals, gratuity, unlimited refreshments and snacks, exclusive use of all facilities, and a comprehensive kit including leisure education resource tools.

Single \$330.00
Double \$290.00

Deadline for registration is May 15th

THE RECREATION RESOURCE

CENTRE OF NOVA SCOTIA

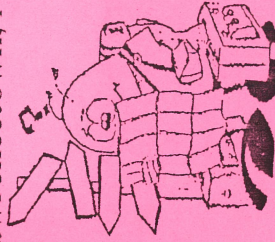
PRESENTS

The 1995 Spring Symposium

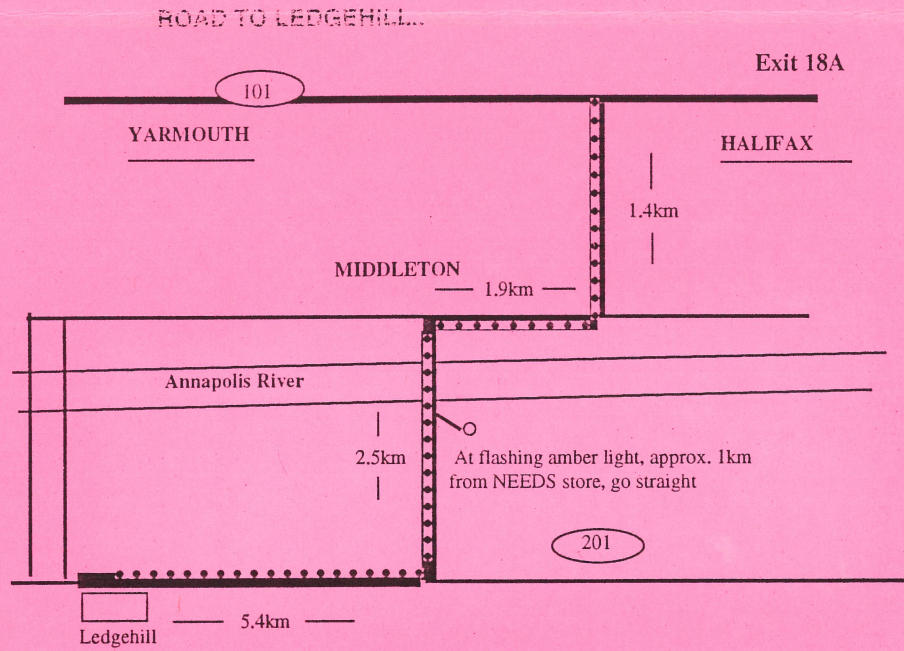
Leisure Education:

THE ROAD TO THE FUTURE

May 15, 16 & 17
Ledgehill Estates
Lawrencetown, NS



Recreation Resource Centre of NS
c/o Acadia University, Box 87
Wolfville, NS B0P 1X0
542-2201 ext. 1436 FAX 542-1451



LEISURE EDUCATION

The 1995 Spring Symposium focuses on one of the most misunderstood concepts in our field, Leisure Education. In demystifying Leisure Education, it is anticipated that the Symposium participant will gain valuable insight into the uses of Leisure Education as a community development tool; a human resource technique; an educational tool; and as a means of self-evaluation.

PURPOSE

The purpose of the 1995 Spring Symposium will be to provide an educational, interactive experience which will enable participants to become facilitators of leisure education. Participants will become familiar with the components of a leisure education program; be exposed to and understand the use of leisure education tools that are available.

The benefit of leisure education as a resource to the recreation professional is the ability to service a broader base of clients. The Symposium will assist participants in identifying diverse groups; how to package and deliver leisure education to identified groups and how to become an effective leisure education advocate.

As with Spring Symposium in the past, time will be spent investigating concepts in the field of recreation and using the acquired information in a relevant manner appropriate to individual circumstances and specific program applications. Unlike a conference format, the Symposium forum requires hands-on participation, individual reflection, and in-depth study of the topic.

THE DETAILS

Each Spring Symposium participant will be exposed to the many facets of leisure education such as:

- * Assessment tools such as the Miranda Interest Finder, Leisure Diagnostic Battery and Leisurescope
- * Examples of leisure education tools
- * A variety of leisure education programs
- * Community based applications for leisure education
- * Ways and means of incorporating leisure education into schools

* A family leisure assessment technique including making a home "leisure-friendly"

* An assessment of your own leisure lifestyle

Whether you are a recreation professional, sport administrator, community educator, retirement planner, or a recreation therapist, leisure education provides you with another way of doing business. Through leisure education, individuals and communities become more aware of the value of leisure. As a result, people are better able to articulate the benefits and become leisure advocates when resource are being threatened by economic cuts and government downsizing. Through leisure education, individuals learn to accept responsibility for their leisure lifestyles, along with the knowledge and skills required to facilitate personally meaningful experiences.

SCHEDULE

| | | |
|--------|---------------|--|
| May 15 | 1:00 | Arrive and Settle In |
| | 2:00 - 3:15 | Introduction |
| | 3:30 - 5:00 | Leisure Awareness & Needs |
| | 5:00 - 7:00 | Supper |
| | 7:00 - 9:00 | Leisure Values, Attitudes & Interests |
| | 9:00 | Social |
| May 16 | | |
| | 8:00 - 9:00 | Breakfast |
| | 9:00 - 12:00 | Leisure Barriers, Resources & Planning |
| | 12:00 - 1:30 | Lunch |
| | 1:30 - 4:00 | Activity Session |
| | 4:00 - 5:00 | Processing |
| | 5:00 - 7:00 | Supper |
| | 7:00 - 9:00 | Leisure Education for All |
| | 9:00 | Social |
| May 17 | | |
| | 7:30 - 8:30 | Breakfast |
| | 8:30 - 10:00 | Packaging programs |
| | 10:00 - 12:00 | Leisure Education |
| | | Advocacy |
| | 12:00 - 1:00 | Lunch |
| | 1:00 - 3:00 | Action Planning & Wrap Up |

Registration is limited in order to ensure the highest quality learning experience possible so register early!
Deadline for registration is May 15, 1995.